MINIMUM WIC FOOD STOCKING REQUIREMENTS For Montana Authorized Retailers in Peer Group 3 and Supercenters

Retailers must have the following items in stock at all times in sufficient quantities to meet WIC participant demand. Quantities are based on the amounts needed to fill a benefit for one pregnant woman, one infant and one child.

Refer to the Approved Food List for authorized brands/types.

Food Item	Minimum Requirements
Milk	
Reduced fat (skim or 1% - choose one)	3 gallons of each
and	and
Whole	3 half-gallons of each
Cheese	
16 or 8 oz packages	3 – 16 oz packages of two flavor varieties
	or
	6 – 8 oz packages of two flavor varieties
Eggs	
dozens only	3 dozen
Breakfast Cereal	
12-oz packages or larger cold cereal	2 boxes of three varieties cold
and	and
12 – 11 oz packages hot cereal	2 boxes of one variety hot
	(one of the cold or hot varieties must be whole grain)
Whole Grain Items	
16 oz loaves whole wheat bread	3 loaves of bread
and	and
16 – 14 oz packages brown rice	3 packages of regular or quick/minute brown rice
Juices	
12 - 11.5 oz frozen	3 cans of two different flavors – frozen
and	and
64 oz plastic bottles	3 bottles of two different flavors - bottled
Peanut Butter	
18 - 16 oz jars	3 jars
Legumes (mature beans)	
16 - 15 oz bags dry	3 packages of two varieties – dry
and	and
16 – 15 oz canned legumes	10 cans of two varieties - canned
Canned Fish	
6 - 5 oz cans	6 cans of light tuna and
	6 cans of pink salmon
Infant Cereal	
8-oz boxes	2 boxes of two different grain varieties
Infant Foods	
Fruits, 4 oz jars or 2-pks, Stage 2 only	20 jars of fruits and vegetables including two flavors of fruits
and	and two flavors of vegetables
Vegetables, 4 oz jars or 2-pks, Stage 2 only	and
and	10 jars of baby food meats including two flavors
Meats, 2.5 oz jars	
Infant Formula	
Powdered format required in size specified	6 cans of each variety
Similac Advance – 12.4 oz.	
and	
Gerber Good Start Soy – 12.9 oz	
Fresh Fruits and Vegetables	2 different varieties of fresh fruits and
	2 different varieties of fresh vegetables